

LOOK FOR THE EU ECOLABEL



Products or services that have been awarded the EU Ecolabel carry the European Union's guarantee that they are eco-friendly. Over 70,000 products and services have now been given the EU Ecolabel in categories including campsites and hotels, personal care products, clothing and gardening products.

DO YOUR HOMEWORK

Do your plans have a large carbon footprint? Might they unintentionally disturb a natural environment? Activities like skiing may seem harmless, however ski pistes can damage or destroy animal habitats. Why not take a peaceful hike in the mountains instead?





THINK GLOBAL, **EAT LOCAL**

Eating locally sourced, seasonal food helps to cut down greenhouse gas emissions and supports local farmers and economies. What's more - it's fresh and tasty!

KEEP IT NATURAL

Spending time in nature is the perfect way to recharge your batteries – and it's important that we keep it that way. Avoid damaging local plant and animal life by staying on marked hiking trails when exploring. And remember to take a bag with you to pick up any litter you find!



Want to be at the forefront of the drive to become eco-friendly? Then roll up your sleeves and become a volunteer! By taking part in the European Solidarity Corps, for example, you could help clean or preserve an EU Natura 2000 site or support local communities in their green efforts.

USE AND

To turn the tide on plastic waste, be sure to avoid single-use plastic items like straws or plastic bottles by using a refillable water bottle to stay hydrated in an eco-friendly way. You can also use glass jars and reusable containers to store your snacks.

SPREAD THE MESSAGE

Become a green ambassador! By taking small steps to change your habits and routines, you can inspire others to also make a difference. If your hostel or campsite has a suggestion box, you can add tips or thoughts to help the business become more sustainable.



EXPAND YOUR COMFORT ZONE

#DiscoverEU



Europe is aiming to become the first carbon-neutral continent in the world – producing net-zero greenhouse gas emissions – by 2050. This is part of the EU's plan to urgently tackle climate change: the European Green Deal.

Learn more about it here.



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